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# Letting Go Of Your Bananas

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## Letting Go of Your Bananas



*How to Become  
More Successful by  
Getting Rid of Everything  
Rotten in Your Life*

DR. DANIEL T. DRUBIN



## **Synopsis**

Everyone knows the fable of the monkey and the bananas—he couldn't get his hand out of the jar because he was holding too many bananas, making his hand too bulky to remove from the narrow container. Life, contends Dr. Daniel T. Drubin, is like that story, in that too often people grab as many “bananas” as they can, without realizing that many of them, in fact, are holding them back. Now Dr. Drubin offers a quick 12-step program designed to help you see which bananas in your life are expendable, and how to drop them. Such tips include: Prioritizing allows strategizing. If you want to find gold, you’re going to have to lift some rocks. Always work on your “dash” of life—the only time between birth and death that you have control over. --This text refers to an out of print or unavailable edition of this title.

## **Book Information**

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## **Customer Reviews**

Don't miss this book! It is a great compilation of many success strategies in a clear concise manner. Each chapter has a short review at the end, so this will be a good way to remind yourself of the highlights when you review.

This book was ordered to be a part of gift boxes given to women who are survivors of domestic violence and also to adult literacy clients. I originally purchased as an easy read to teach others to read but found the simple but practical principles were good for other situations. Working with women who are survivors of domestic violence I found that they immediately picked up the principles and applied to their situations without much effort on the facilitators part. It was easy to remember and

we have since purchased others. Great Graduation Gift...the principles are simple but easy which makes for leaving a life "free" of rotten bananas.

this was the first time i put a book down without finishing it. this book had been recommended to me by a small business owner who stated it would help me empower myself in my daily life and help me in establishing myself in my business, but i disagree. this book ranks low on the totem pole of self-help books

A gift.

A must read!

I like this book because it is short and sweet. Lots of good information and points made even in the first chapter.

This is a truly wonderful self-development book! It is very detailed and has great ideas on how to improve yourself!

I have only GLANCED at the book, but I believe that I'll really learn from it once I start reading it so tha I can "get rid of all of my ROTTEN BANANAS."

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